

VEGETARIAN

- Carrot Ginger *gf df v*
- 🍷 Coffee Roasted Beet *gf df v*
- Creamy Broccoli Cheddar *gf*
- Creamy Dilly Spuddy *gf*
- ☆ Creamy Smoked Cheddar Mushroom *gf*
- Creamy Tomato & Roasted Garlic *gf*
- 🌟 Fire Roasted Corn *gf*
- 🌟 Gazpacho *gf df v*
- ☆ Gouda, Beer & Onion
- Greek Potato Leek *df v*
- 🌟 Lemon Grilled Asparagus *gf df v*
- Maple Roasted Sweet Potato *gf df v*
- Minestrone *gf df v*
- Moroccan Tomato *gf df v* (contains nuts)
- Mulligatawny *gf df v*

SOUP SURREAL

WHAT'S YOUR FLAVOUR?

- 🍷 Roasted Butternut Squash & Apple *gf df v*
- Roasted Garlic & Parmesan *gf*
- 🌟 Roasted Red Pepper & Coconut *gf df v*
- Sesame Roasted Chick Pea *gf df v*
- Sweet Onion Lentil *gf df v*
- Sweet Pea *gf*
- ☆ Thai Peanut Broccoli *gf df v* (contains nuts)
- 🍷 Thai Pumpkin *gf df v*
- Veggie Cabbage Roll *gf df v*
- Veggie Chili *gf df v* (separate pricing)

🍷 Walnut Roasted Parsnip *gf df v*
(contains nuts)

OMNIVORE

- Beef Barley *df*
- Beef Cabbage Roll *gf df*
- Chicken Noodle *df*
- ☆ Chicken Souvlaki *gf*
- Coffee, Porter, Beef Chili *df* (separate pricing)
- ☆ Creamy Chicken Comfort *gf*
- French Onion *gf df*

- German Sauerkraut *gf df*
- Hot and Sour *gf df*
- Hot Italian Sausage *gf df*
- Jamaican Jerk Chicken *gf df*
- ☆ Maple Bacon *gf df*
- ☆ Porkadilla *gf df*
- Potato Peameal *gf*
- Southwest Beef *gf df*
- Southwest Chicken *gf df*
- ☆ Spicy Chicken Samosa *gf df*
- Split Pea & Ham Hock *gf df*
- Thai Peanut Chicken *gf df* (contains nuts)
- Turkey Rice *gf*

gf gluten free
df dairy free

v vegan

☆ *Soups On Award-Winner!*

🍷 Seasonal - Autumn
🌟 Seasonal - Summer